

Terms & Conditions

Last updated: 25/09/2025

Welcome to Aleo Wellness Studio. By booking a class, purchasing a membership, or using our website, you agree to the following terms and conditions. Please read them carefully.

1. Bookings & Payments

- All classes must be booked in advance through our online booking system.
- Payment is required at the time of booking. We accept major debit/credit cards and online payment methods.
- Class credits, memberships, and packs are non-transferable and may only be used by the registered account holder.

2. Cancellations & No-Shows

- Classes must be cancelled at least 24 hours before the start time to avoid losing your credit.
- Late cancellations or no-shows will result in the class credit being forfeited.
- For memberships, repeated no-shows may result in temporary suspension of booking privileges. Two late cancellations in a row will result in a £15 late cancellation fee.

3. Memberships & Class Packs

- Memberships are billed monthly unless otherwise stated.
- Memberships and packs are non-refundable and non-transferable.
- Introductory offers are available to new clients only.
- Aleo Wellness Studio reserves the right to change class schedules, instructors, or membership pricing with reasonable notice.

4. Studio Etiquette

- Please arrive at least 5-10 minutes before class to ensure a smooth start.
- Grip socks must be worn during Reformer classes for hygiene and safety.
- Mobile phones should be silenced during class.
- The studio reserves the right to refuse entry if a participant is more than 5 minutes late.

5. Health & Safety

- By participating in classes, you confirm that you are fit and able to take part.
- You must disclose any medical conditions, injuries, or pregnancy before joining a class.
- Aleo Wellness Studio and its instructors are not liable for any injuries sustained during classes.

6. Refund Policy

- Refunds are not available for unused classes, memberships, or packs unless required by law.
- Events, workshops, and special programs may have their own cancellation and refund policies.

7. Liability

- Aleo Wellness Studio is not responsible for personal belongings brought into the studio.
- Participation in classes is at your own risk. Clients are advised to seek medical advice before starting any new exercise program.

8. Changes to Terms

We may update these Terms & Conditions from time to time. The latest version will always be available on our website.

9. Contact Us

If you have any questions about these Terms & Conditions, please contact us:

Info@aleowellnessstudio.co.uk

Aleo Wellness Studio, Unit 5, Roebuck Plaza, Academy Street, Warrington, Cheshire, WA1 2PN.